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## Spirit Games: 300 Fun Activities That Bring Children Comfort and Joy

By Barbara Sher

John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, Spirit Games: 300 Fun Activities That Bring Children Comfort and Joy, Barbara Sher, 300 quick, Simple Ways to Make Every Day a Happier Day! Spirit games make children feel brighter and more confident. By tapping into children's natural delight, spirit games restore the sparkle to their eyes. By sharing the upbeat activities in Spirit Games, you can encourage your child's self-esteem and provide a lasting foundation for happiness. Developed by Barbara Sher over the course of thirty years as a parent, teacher, and play-therapy specialist, this collection of 300 wise and nurturing ideas fosters parent-child interaction and requires no special preparation or equipment. Play these games with your family-or any children you cherish-to increase the level of joy in their lives. SPECIAL SECTIONS HIGHLIGHT: Creating joy every day Getting past anger and self-doubt Learning compassion and sharing wonder Healing sadness and overcoming fear Nurturing your own spirit, too!.



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