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SEASONS TO SHARE: NOURISHING FAMILY AND FRIENDS WITH NUTRITIOUS, SEASONAL WHOLEFOOD (PAPERBACK)



MURDOCH BOOKS, Australia, 2016. Paperback. Book Condition: New. 254 x 192 mm. Language: English . Brand New Book. In Seasons to Share, author and nutritionist Jacqueline Alwill presents over 130 unfussy, versatile recipes collected into sixteen seasonal menus that are designed to make the home cook fall in love with cooking deliciously and nutritiously, whilst at the same time giving them the confidence to extend their cooking to friends and family as part of styled occasions. Chapters for Spring, Summer,...

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- Authored by Jacqueline Alwill
- Released at 2016



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