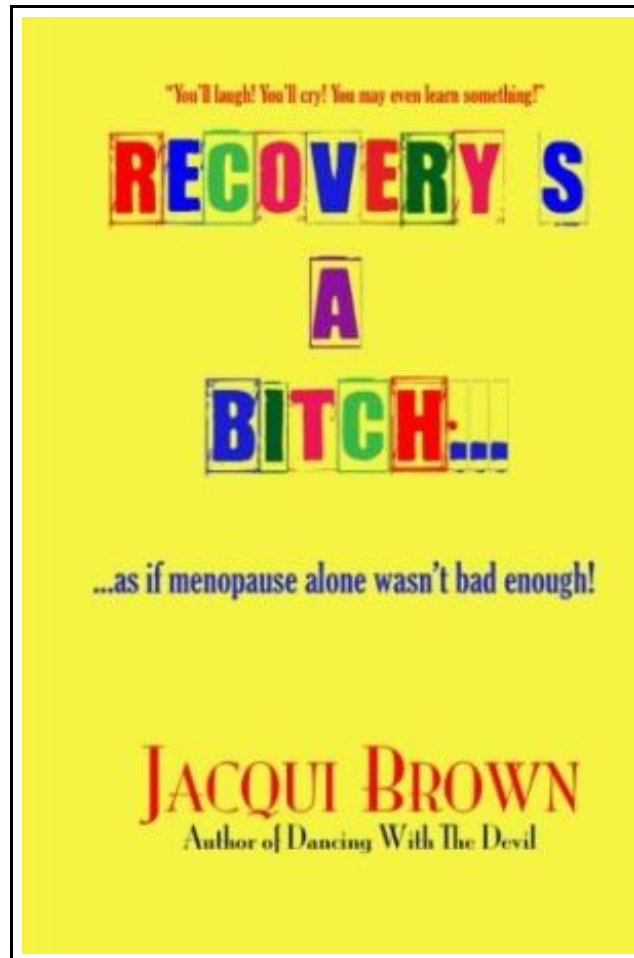


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Reviews

A really wonderful ebook with perfect and lucid answers. It is rally interesting throgh looking at period of time. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Gustave Moore)

RECOVERY S A BITCH: AS IF MENOPAUSE ALONE WASN T BAD ENOUGH (PAPERBACK)



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Createspace, United States, 2011. Paperback. Book Condition: New. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.This book is a seriously funny romp through menopause, night sweats, and a good deal of mental healing. The author never holds back when it comes to things like giving God the what for because he always seems to be pestering her with problems that keep her asking herself what now ? She also doesn t play around when it comes to dealing with those nasty little buggers we call hormones, or in her case, her lack of them. Forget the Shock Jock. Meet Shock Mom. By Chris Bertrand Jacqui Brown wants to break down barriers, bulldoze the walls of silence, relegating that game face of I m OK; You re OK back to the closet. Brown, author of *Recovery s a Bitch. as if Menopause Alone Wasn t Bad Enough!* brings her raw, in your face and purposely unnerving style to your nearby Kindle, paperback and blog. By page three, she she has you asking yourself, What the.? Then, you find you re committed. Envision picking glass shards from your body after an explosion. You re horrified. You can t stop, but neither can you look away. It s also unclear if leaving the shards in or taking them out will cause more pain, or even death. So you keep reading. Yet, when all the bloody pieces are laid on the table, and the catharsis is done, you re the better for it. Her nonstop rant has accomplished its goal. Brown has shouted and sworn all those words and the previously whispered behind the door concepts of teenage addiction, rehab and relapse out loud for long enough, that the inability to speak of it disappears. A few...

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