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Traditional Scottish Recipes

By Eleanor Cowan

Waverley Books Ltd. Paperback. Book Condition: new. BRAND NEW, Traditional Scottish Recipes, Eleanor Cowan, Generations of Scots have grown up on recipes using oatmeal, curly kail (cabbage), haddock, potatoes, offal, and soups made with a good ham hough. This book combines traditional, classic recipes with Scottish family favourites - complete with tips - handed down within families to produce a tried and tested working cookbook of 86 recipes. All the recipes are simple and easy-to-follow, and each has an introduction that gives a short history or helpful explanation of origins, or tips on how to make each classic well. Recipes include soups and starters, game, meat, and vegetables, fish, and shellfish, bread, baking, and desserts and puddings, using dairy, cereal and soft fruit produce. Elderberry wine, rhubarb and ginger jam, roast leg of Scotch lamb with fresh rosemary and floury potatoes. Other staples include lentil soup, Scotch broth, steak pie, stovies, haggis, pan-cooked pheasant, steamed pudding with Drambuie syrup, pancakes, fruit loaf, potato scones, shortbread, macaroon bars, tablet, marmalade, Clyde valley chutney and Gaelic coffee.



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