



## Digging Out: How to Help a Hoarder (Paperback)

By Lori Phillips

Real Life Help Books, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.\*\*\*WINNER OF THE BELLAONLINE BOOK AWARDS. BEST SELF HELP GOLD AWARD 2014.\*\*\* Today, hoarding is recognized as both a symptom of other conditions and a syndrome of its own. Our personal experiences with family hoarders taught us about the tremendous emotional toll it takes on those who live or love hoarders. Unlike the hoarding therapy that is depicted on popular television shows, we learned that the emergency clean up is not the time to begin a hoarder s therapy. In fact, involving the hoarder in the initial clean up can be detrimental to his recovery. We do not approach the necessary and ongoing treatment required for a hoarder to overcome his hoarding tendencies but we have learned how to ease the mind of a hoarder during an emergency clean up as we created a safe, healthy and happy living environment for him when he is unable to establish this for himself. We hope our experiences can help you and your loved one who hoards. (Kindle version only .99 cents. ASIN: B00CURHRPM).



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